

8.1

SAYING AND DOING

LESSON OBJECTIVE

- talk about what you've been doing

1 LANGUAGE IN CONTEXT



- A** **GROUP WORK** Look at the sayings. What do they mean? You can go online to learn more about these sayings.

- | | | |
|-------------------------|---------------------------------|------------------------------------|
| 1 Work hard, play hard. | 3 You only live once. | 5 Actions speak louder than words. |
| 2 No pain, no gain. | 4 Variety is the spice of life. | |

- B** **2.09** Read and listen to three people talking about their lives. What is each person doing these days?

- C** **2.09** Read and listen again. Match a saying in exercise 1A to each person. There are two extra sayings.

What have you been doing lately?



Vanessa

I have an opportunity to work in Mexico next year. I think it'll be an interesting experience, but it's going to be a challenge because I need to be able to speak the language. So, I've only been doing one thing lately – studying Spanish. It's a difficult job, so I haven't been going out at all. But that's OK. It'll be worth it.

At work, I've been designing a new app. It's not easy, but I'm getting there. I think it will be a big success as well as a personal achievement for me. It's not the only thing in my life, though. I'm on a soccer team, and we're doing really well. Soccer practice is a nice change after sitting in front of a computer all day. Now I just need to make time for family and friends!



Rodney



Min-hee

I've been doing lots of things lately! I've been painting pictures of nature – that's a fun project. I've also been learning to make sushi. It's a long process, but I'm getting better at it. And of course, I always have chores, like doing the dishes or the laundry. Yeah ... it's a challenge to fit in everything I want to do. But that's what makes life interesting!

2 VOCABULARY: Describing experiences

- A** **2.10** Listen and say the words. Then find and underline these nouns in the text in exercise 1C.

achievement	challenge	change	chore	job
opportunity	process	project	success	

INSIDER ENGLISH

We use *It's worth it* and *It'll be worth it* to show that something is useful or enjoyable even though it takes a lot of effort.

- B** **PAIR WORK** Ask and answer the questions.

- 1 What is an annoying chore you have to do at home?
- 2 What's your biggest achievement?
- 3 What is one change that has happened in your life that was good?
- 4 Who has given you a good opportunity in the past? What was it?

- C** **Now go to page 148. Do the vocabulary exercises for 8.1.**

- D **PAIR WORK** Look at the sayings in exercise 1A. Which one do you agree with the most? Why? For ideas, watch Brenda's video.



Which saying does Brenda talk about?



3 GRAMMAR: Present perfect continuous

- A **Circle** the correct answer. Use the sentences in the grammar box to help you.
To make the present perfect continuous, use *have* + **be** / **been** + verb + *-ing*.

Present perfect continuous

What **have** you **been** doing?
I've **been** painting pictures of nature.
I **haven't** been going out at all.



Use *have*, *haven't*, *has*, or *hasn't* in short answers. Do not use *been*.

Have you been going out?
Yes, I have. / No, I haven't.

- B Complete the conversations with the correct form of the words in parentheses (). Then check your accuracy.

- 1 A What _____ lately? (you / read)
B _____ a lot of travel blogs. (I / read)
- 2 A _____ recently? (you / eat out)
B No, _____.
_____ at home. (I / cook)
- 3 A How _____ to class these days? (you / get)
B _____ me to class. (my sister / drive)
- 4 A Where _____ ? (you / study)
B _____ at the library lately. (I / study)



ACCURACY CHECK

Remember to use the correct form of *have* with the present perfect continuous.

~~I'm having~~ been studying a lot lately. ✗
I've been studying a lot lately. ✓

- C **PAIR WORK** Practice the conversations from exercise 3B. Change the answers so they're true for you.

What **have** you **been** reading lately?

I've **been** reading some new comic books.

- D **Now go to page 136. Look at the grammar chart and do the grammar exercise for 8.1.**

4 SPEAKING

- A Think of some activities your friends or family have been doing lately. Use the topics below or your own ideas.

child care classes hobbies housework school work

- B **PAIR WORK** Talk about what your friends or family have been doing recently.

My sister **has** **been** taking karate classes.

- C **GROUP WORK** Work with another pair. Talk about the activities you discussed in your pairs. Whose activities are the most difficult? Whose are the most interesting?

